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PRESS RELEASE

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NY FOUNDATION FOR SENIOR CITIZENS' LAUNCHES NEW SERVICE PROVIDING FREE, SHORT TERM IN-HOME CARE FOR FRAIL ELDERLY

Service Gives Temporary Relief for Those Caring for Frail Elderly Living in All Five Boroughs

Recognizing that people caring for frail elderly family members or friends may occasionally need relief from caring for their loved ones, New York Foundation for Senior Citizens is launching a new service to provide free, in-home care on a temporary basis.

The newly added Respite Care Program's "Emergency/Extended Hours of Care" provides short term in-home care at no charge, by trained and certified personal care aides (through a private agency), on weekdays after 5 p.m., weekends, holidays and in emergencies. Priority for this service is given to caregivers who are providing assistance to frail elderly with annual incomes of \$40,000 or less. The service is available in all five boroughs.

"This important service provides a continuum of care for elderly persons receiving assistance, which ensures they can safely remain in their own homes while their primary caregivers are temporarily unavailable," says Linda Hoffman, NYFSC President.

NYFSC continues to provide its Respite Care Program's basic service which offers relief for caregivers providing service to older persons able to afford short-term in-home care, starting at the low cost of \$7.15 per hour plus carfare.

For more information please contact, Amanda Forsman, Respite Care Program Director, at (212) 962-7559 or e-mail her at aforsman@nyfscitcop.org. Respite Care is funded by New York State and New York City legislators, New York State Office for the Aging, New York City Department for the Aging and private contributions.

Established in 1968, the New York Foundation for Senior Citizens is the only non-profit, non-sectarian organization serving New York's seniors in all five boroughs. NYFSC is dedicated to helping New York's seniors enjoy healthier, safer, and more productive and dignified lives. For more information, please go to www.nyfsc.org.

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